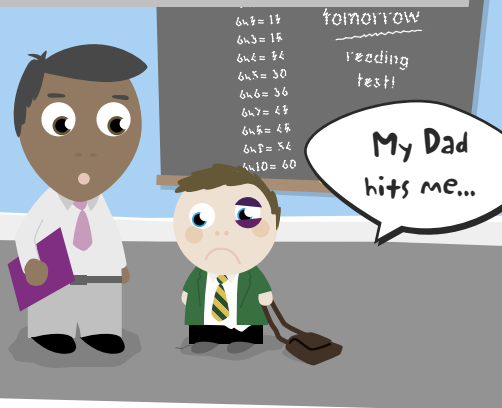


What to do if someone is hurting you...



Some kids get hurt by adults. They might be kicked, hit, punched, constantly put down or shouted at, not fed or looked after properly, touched in a way that makes them feel uncomfortable or see their Mum being hurt. If you are being hurt tell an adult you trust for example a Teacher, Police Officer, Social Worker, School Nurse, Doctor, member of your family or a friend's parent. The adult you tell can't keep secrets and must phone the Police or Social Work service.

Jamie goes to school with a black eye and his teacher, Mr Jarrah, asks him how it happened.



Jamie tells him what his Dad has been doing and he explains that he has to tell other people so they can help him.



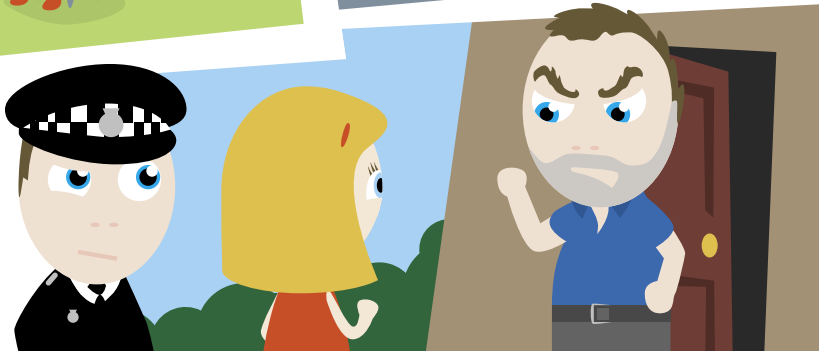
Jamie is interviewed by a Police Officer (Robbie) and a Social Worker (Sarah).



A Doctor has a look at Jamie's black eye and a Police Officer takes a photo of it.



Sarah and Robbie visit Jamie's home. Jamie's Dad is very angry and Sarah decides Jamie isn't safe and needs to stay at his aunt's until things are better at home.



In most cases a specially trained Social Worker and Police Officer will talk to you and find out what has been happening and whether you need to see a Doctor. If the person who has hurt you lives in your home the Social Worker will speak to them to make sure you are safe. The Police will interview them to see if they have committed a crime. If the Social Worker decides it is too dangerous for you to stay at home, she will take you somewhere safe until things at home are better.

Sarah arranges a meeting so everyone involved with Jamie can discuss what has happened and how to help Jamie's Dad. Jamie's Dad attends the meeting.



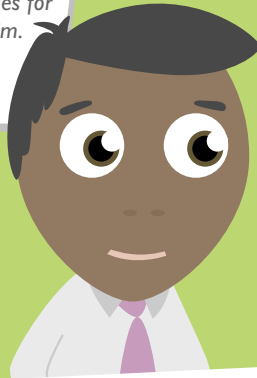
Jamie's name is put on the Child Protection Register and a group of people, Sarah, Mr Jarrah and his Dad agree a plan to make things safer at home.

Sarah visits Jamie at his Aunt's house and visits his Dad.



Everyone involved with you is invited to a meeting called a Case Conference to discuss what has happened and decide what help your family needs to make you safe. They also decide whether your name should be put on the Child Protection Register (CPR). If your name is on the CPR a social worker will visit you and your family regularly and a "Core Group" (people involved with you and your family) will meet to make sure there are plans to keep you safe. In 6 months there is another Case Conference to see what progress has been made. Other types of meetings like Children's Hearings or Looked After Reviews (if you have to live away from home) may also happen. Your Social Worker will explain these to you.

Jamie's Dad works with Sarah on how to set rules for Jamie without hitting him. Mr Jarrah makes sure Jamie is okay at school.



How are things going?



My Dad is not so angry anymore.

Eventually Jamie, Sarah and his Dad agree that it is safe for Jamie to return home.



useful telephone numbers

Social Work Centres

Bathgate 01506 776700
Broxburn 01506 775666
Livingston 01506 777777

Out of Office Hours (SW) 01506 777401/2
01506 431200

Police 01506 431200
Childline 0800 1111

If you need this leaflet in another language please phone: 01506 771761

WLCPC has produced this leaflet with help from Amy, Gemma and Becky.